

The Five Second Flirt Technique

The initial attraction between two people is chemical. He turns you on. You turn him on.

It doesn't matter if he is a truck driver or the president of General Motors. Chemistry is a body-to-body response. You can either act on it or forget it. But if you want to act on it, you have only two choices. You can take either the "male" role and chase men, or choose to be "female" and wait to be chased.

If you choose to be female, the way to get a man you are attracted to is by flirting. You choose him, and then attract him to you. It's the way you invite a man by your own body language to come across the room and ask you out. You don't do anything more than smile, but if you do this properly, I promise you will have results.

The first thing you want to do is to get into his line of sight. When you catch his eye, you must give him the most inviting and receptive look you can manage, for three seconds. Count them. Eye contact, eye contact, eye contact. No quick counts, no matter how nervous you get. (And don't look at the guy next to him, the one you're not attracted to, because it is easier.)

However, catching a man's eye for two or three seconds is quite normal. It's when you continue to look at him for the fourth and fifth second that you indicate you're interested. A second way you attract a man is with your mouth, but not to talk with it. You smile? Now you're being flirtatious. Now he knows that you're looking at and are interested in, him.

That's it. You're done. And if you live through this Five-Second Flirt Technique and you've managed to keep your mouth shut, more likely than not this man will walk over to you and start talking. He may say something bright or stupid, suave or naive, but in effect he will open the channel of conversation, and now you can begin to respond.